








|       |   | Risk of bias domains  |   |   |  |   |  |
|-------|---|---|---|---|--|---|--|
|       |   | D1  | D2  | D3  | D4   | D5  | Overall  |
| Study | Grieco et al, 2021  |  |  |  |  |  |                   |
|       | Domains:<br>D1: Bias arising from the randomization process.<br>D2: Bias due to deviations from intended intervention.<br>D3: Bias due to missing outcome data.<br>D4: Bias in measurement of the outcome.<br>D5: Bias in selection of the reported result. |   |   |   |  |   | Judgement<br> Low |

Supplementary Figure 1. Methodological quality (randomized controlled trial).